

2011 State Profile — Utah

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Utah, 145 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 12,470 clients in substance abuse treatment on March 31, 2011. The survey response rate in Utah was 97.4%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	51	35.2	4,379	35.1	545	36.1
Private for-profit	65	44.8	5,038	40.4	713	47.2
Local, county, or community government	25	17.2	2,847	22.8	253	16.7
State government	2	1.4	184	1.5	0	0.0
Federal government	1	0.7	4	0.0	0	0.0
Dept. of Veterans Affairs	0	0.0	0	0.0	0	0.0
Dept. of Defense	1	0.7	4	0.0	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	1	0.7	18	0.1	0	0.0
Total	145	100.0	12,470	100.0	1,511	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	63	43.4	6,674	53.5	255	16.9
Mental health services	9	6.2	183	1.5	160	10.6
Mix of mental health & substance abuse treatment services	71	49.0	5,585	44.8	1,096	72.5
General health care	1	0.7	28	0.2	0	0.0
Other/unknown	1	0.7	0	0.0	0	0.0
Total	145	100.0	12,470	100.0	1,511	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 31, 2011			
			Clients ³		Clients per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	125	91.9	6,114	49.0	262	
Clients with drug abuse only	112	82.4	4,595	36.8	222	
Clients with alcohol abuse only	106	77.9	1,761	14.1	82	
Total²	136		12,470	100.0	566	

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

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Type of Care	Clients in Treatment on March 31, 2011						
	Facilities ¹		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	120	82.8	10,873	87.2	36	711	47.1
Regular	115	79.3	7,151	57.3	20		
Intensive	72	49.7	1,143	9.2	8		
Day treatment/partial hospitalization	29	20.0	219	1.8	0		
Detoxification	15	10.3	198	1.6	0		
Methadone maintenance	10	6.9	2,162	17.3	207		
Residential (non-hospital)	48	33.1	1,501	12.0	20	728	48.2
Short term	34	23.4	333	2.7	6		
Long term	45	31.0	1,077	8.6	14		
Detoxification	19	13.1	91	0.7	1		
Hospital Inpatient	5	3.4	96	0.8	10	72	4.8
Treatment	4	2.8	68	0.5	6		
Detoxification	4	2.8	28	0.2	7		
Total	145		12,470	100.0	35	1,511	100.0

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	10	0.8
Clients in Facilities with OTPs		
Methadone	2,129	96.3
Buprenorphine	81	3.7
Total	2,210	100.0

¹Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	144	99.3
Private health insurance	119	82.1
Medicare	59	40.7
Medicaid	80	55.2
Other State-financed health insurance	64	44.1
Federal military insurance	81	55.9
Access to Recovery (ATR) vouchers ²	N/A	N/A
Accepts HIS/638 contract care funds	8	5.5
No payment accepted	0	0.0
Accepts other payments	3	2.1
Sliding fee scale	89	61.4
Treatment at no charge for clients who cannot pay	39	26.9

¹Facilities may accept more than one type of payment.

²Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	138	95.2
State substance abuse agency	121	83.4
State mental health department	88	60.7
State department of health	77	53.1
Hospital licensing authority	11	7.6
The Joint Commission	22	15.2
CARF ²	11	7.6
NCQA ³	5	3.4
COA ⁴	4	2.8
Other State/Local Agency/Org	4	2.8

¹Facilities may be licensed by more than one agency/organization.

²Commission on Accreditation of Rehabilitation Facilities

³National Committee for Quality Assurance

⁴Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	71	49.0

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	144	99.3
Screening for substance abuse	141	97.2
Screening for mental health disorders	123	84.8
Comprehensive substance abuse assessment or diagnosis	137	94.5
Comprehensive mental health assessment or diagnosis	97	66.9
Screening for tobacco use	80	55.2
Outreach to persons in the community who may need treatment	82	56.6
Interim services for clients when immediate admission is not possible	61	42.1
Testing	123	84.8
Breathalyzer or blood alcohol testing	90	62.1
Drug or alcohol urine screening	117	80.7
Screening for Hepatitis B	35	24.1
Screening for Hepatitis C	34	23.4
HIV testing	31	21.4
STD testing	36	24.8
TB screening	62	42.8
Counseling	144	99.3
Individual counseling	143	98.6
Group counseling	140	96.6
Family counseling	130	89.7
Marital/couples counseling	103	71.0
Transitional Services	143	98.6
Discharge planning	136	93.8
Aftercare/continuing care	126	86.9
Pharmacotherapies	81	55.9
Medications for psychiatric disorders	70	48.3
Nicotine replacement	34	23.4
Campral [®]	19	13.1
Antabuse [®]	34	23.4
Naltrexone (oral)	29	20.0
Vivitrol [®] (injectable Naltrexone)	22	15.2
Buprenorphine	34	23.4
Subutex [®] or generic	21	14.5
Suboxone [®]	34	23.4
Methadone	13	9.0
Non-nicotine smoking/tobacco cessation medications	30	20.7
Ancillary Services	145	100.0
Case management services	133	91.7
Social skills development	131	90.3
Mentoring/peer support	86	59.3
Child care for clients' children	18	12.4
Assistance with obtaining social services	83	57.2
Employment counseling or training for clients	64	44.1
Assistance in locating housing for clients	74	51.0
Domestic violence	76	52.4
Early intervention for HIV	24	16.6
<i>continued</i>		

Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	58	40.0
Hepatitis education, counseling, or support	56	38.6
Health education other than HIV/AIDS or hepatitis	75	51.7
Substance abuse education	144	99.3
Transportation assistance to treatment	62	42.8
Mental health services	126	86.9
Acupuncture	6	4.1
Residential beds for clients' children	9	6.2
Self-help groups	67	46.2
Smoking cessation counseling	73	50.3

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	144	99.3
Relapse prevention	139	95.9
Cognitive-behavioral therapy	140	96.6
12-step facilitation	106	73.1
Motivational interviewing	128	88.3
Anger management	124	85.5
Brief intervention	120	82.8
Contingency management/motivational incentives	102	70.3
Trauma-related counseling	119	82.1
Rational emotive behavioral therapy (REBT)	89	61.4
Matrix model	63	43.4
Community reinforcement plus vouchers	24	16.6
Other treatment approaches	38	26.2

Facility Capacity and Utilization Rate¹

	Hospital	
	Residential	Inpatient
Number of facilities	33	3
Number of clients ²	898	90
Number of designated beds	889	86
Utilization rate (%)	101.0	104.7
No. of designated beds/facility (avg.)	27	29

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

² Number of clients on March 31, 2011.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	125	86.2
Co-occurring disorders	57	39.3
Adult women	48	33.1
Adolescents	46	31.7
DUI/DWI offenders	65	44.8
Criminal justice clients	44	30.3
Adult men	41	28.3
Pregnant or postpartum women	30	20.7
Persons with HIV or AIDS	8	5.5
Seniors or older adults	8	5.5
Lesbian, gay, bisexual, or transgender clients (LGBT)	10	6.9
Other groups	21	14.5

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	52	35.9
Any language other than English	73	50.3
Non-English Language Provided by:		
On-call interpreter only	12	16.4
Staff counselor only	21	28.8
Both staff counselor and on-call interpreter	40	54.8
Languages Provided by Staff Counselor:¹		
Spanish	61	100.0
American Indian/Alaska Native languages	0	0.0
Other	17	27.9

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

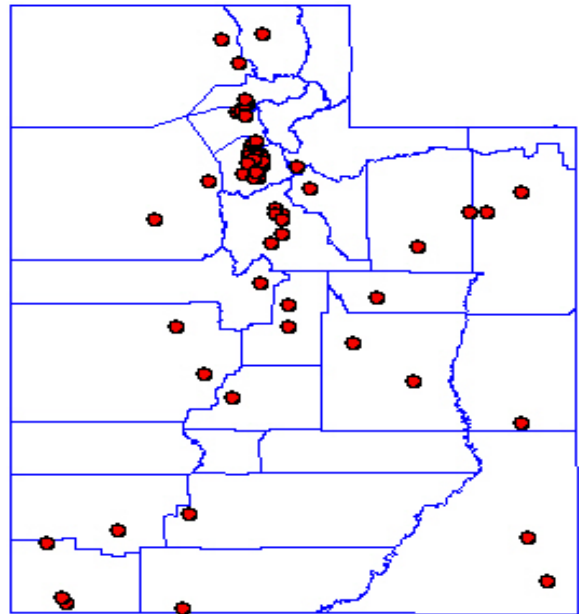
Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Substance Abuse and Mental Health Services
 Administration
 Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

Location of Treatment Facilities



• Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>